



CATERING/ TAKE-OUT / ONLINE

**PLANNING A PARTY?
WE'VE GOT YOU COVERED!**

CREATE THE PLATTER OF YOUR CHOICE!

Ordered by: _____

Phone: _____

Ordered on: _____

Pick up / Delivery on : _____

Signature : _____

*Please give our chefs 24 hours advance notice when placing orders.
For the best flavor, please enjoy on the day of purchase.*

NOTE: _____



www.westparkfarmandsea.com

650-549-8620

855 MIDDLEFIELD RD. REDWOOD CITY, CA 94063

GREENS

QTY.

_____	FARM SALAD (V)	\$10.00
	ORGANIC MIXED GREENS, ENDIVE, TOMATO, CUCUMBER, RED ONION, GRILLED HALLOUMI, EVOO & LEMON	
_____	BOUJEE CAESAR	\$11.00
	RED ROMAINE, AVOCADO, RADISH, CHIVES, CAESAR DRESSING	
_____	DON'T KALE MY VIBE (V)	\$11.00
	BABY KALE, GREEN LENTILS, SPROUTED PUMPKIN SEEDS, BRUSSEL SPROUTS, BALSAMIC DRESSING	
_____	WILD ROCKET SALAD (VE)	\$11.00
	ARUGULA, BEETS, CARA CARA, FENNEL, SLICED ALMONDS, BLOOD ORANGE & AVOCADO OIL	

WRAP IT UP

(CHOICE OF FLOUR OR WHOLE WHEAT LAVASH)
INDIVIDUALLY WRAP / ALL WRAPS CUT IN HALF

QTY.

_____	SALMON WRAP	\$11.00
	PICO DE GALLO, SHREDDED CABBAGE, VEGAN CURRY AIOLI	
_____	PRAWNS WRAP	\$11.00
	PICO DE GALLO, SHREDDED CABBAGE, VEGAN ROASTED BELL PEPPER AIOLI	
_____	SPITFIRE CHICKEN WRAP	\$10.00
	PICO DE GALLO, SHREDDED CABBAGE, VEGAN TOMATO SAUCE	
_____	STEAK WRAP	\$11.00
	PICO DE GALLO, SHREDDED CABBAGE, ROASTED BELL PEPPER, TAHINI YOGURT SAUCE	
_____	VEGGIE WRAP	\$9.00
	PICO DE GALLO, SHREDDED CABBAGE, JAPANESE EGGPLANT, ROASTED BELL PEPPER, BEET HUMMUS	

BOWLS ^(GF)

ALL BOWLS COME WITH PICO DE GALLO, ARUGULA,
CHOICE OF WHITE OR BROWN RICE

QTY.

_____	SCOTTISH SALMON	\$16.00
_____	AHI TUNA POKE OR SEARED	\$17.00
_____	PRAWNS	\$16.00
_____	GRASS~FED SKIRT STEAK	\$16.00
	CHIMI CHURRI SAUCE	
_____	SPITFIRE CHICKEN	\$15.00
	TOMATO SAUCE	
_____	VEGGIE BOWL (VE)	\$14.00
	TARATOR SAUCE	

SMALLS

QTY.

_____	BEET HUMMUS (VE)	\$5.00
_____	ROASTED BRUSSEL SPROUTS (VE)	\$5.00
	TARATOR SAUCE	
_____	MARINATED BEETS (VE)	\$5.00
	APPLE CIDER VINEGAR, CILANTRO	
_____	ROASTED CAULIFLOWER (VE)	\$5.00
	VEGAN CURRY AIOLI	
_____	FRENCH FRIES	\$4.00
_____	JASMINE RICE or	
_____	BROWN RICE (VE)	\$4.00
_____	JAPANESE EGGPLANT (V)	\$5.00
	TAHINI YOGURT SAUCE	
_____	SIDE PITA (GF)	\$1.00

DESSERTS

QTY.

_____	FLOURLESS CHOCOLATE CAKE (GF)	\$5.00
_____	TRIO FRENCH MINI BEIGNET	\$4.00

V VEGETARIAN

VE VEGAN

GF GLUTEN~FREE